



## Why Pray?

Mark 1:35–39, Matthew 4:23–24, Luke 4:42–44

Sunday, February 28, 2021

### What's True in the Bible?

#### *God uses prayer:*

##### **1. To renew our strength.**

Mark 1:35, 9:25–29 / Matthew 14:23 / John 15:4–5

##### **2. To enrich our relationship.**

Mark 1:35–37 / Matthew 6:6 / Luke 5:16 / James 4:8

##### **3. To reveal His direction.**

Mark 1:38 / Luke 4:42–43 / James 1:5

### What's Real in my life?

- What is the purpose of prayer?
- How would I categorize my prayers? (Are they mostly requests? Do I ever share my heart without making a request? Do I ever stop to listen?)
- How does prayer strengthen me spiritually?
- How does prayer deepen my relationship with God? (Do I truly feel closer to Him after prayer, or is it mainly a checklist or task-oriented discipline?)

### What's Next?

- Set aside 30 minutes to focus only on talking with God. Use 2–5 minutes of that time to be silent and listen; take note of your thoughts. Share your experience with a friend, and commit to enriching your relationship with God through prayer.