## COMING TO TERMS WITH ANGER Matthew 5:21–26

What's True in the Bible?

Jesus' sermon on anger

**1. The \_\_\_\_\_\_ of unrighteous anger.**Matthew 5:21–22 / Ephesians 4:26 / Psalm 37:8 / James 1:19–20

2. The \_\_\_\_\_ of unaddressed anger.

Matthew 5:23-24 / Ephesians 4:26-27

3. The \_\_\_\_\_ of unfinished anger.

Matthew 5:25–26 / Proverbs 22:24–25 / Ecclesiastes 7:9

## What's Real in my life?

- On a scale from 1–5, one being a non-issue and five being one of my top struggles, how would I rate anger in my life?
- Who has influenced me the most when it comes to anger? How so?
- How do I deal with anger at home, work, school, church, etc?

## What's Next?

- Where has anger become sin in my life? CONFESS it and REPENT!
- Who do I need to go to that may be angry with me? (Matt. 5:23–24)
- With whom have I angered that I need to reconcile? (Matt. 5:25–26)

Love God Love People Lead Others To Do The Same!